**Cognicia** was founded in 2013 and formerly known as the Psychological Online Journal (JOP). Recently, Cognicia is published twice annually (March & October) by the Faculty of Psychology, University of Muhammadiyah Malang, which has the main function of disseminating empirical research and conceptual study related to psychology, such as personality, attitude, cognition, metacognition, and motivation (e.g. self-attributions and efficacy) and available both online and in print.

**Aims and Scope.** The scope and the focus of the journal is conceptual reviews and empirical studies in many fields of psychology with special emphasis on cognitive psychology (motivation, cognition and metacognition, memory, attention) and its application in various area of psychology such as Industrial and Organizational Psychology, Developmental Psychology, Educational Psychology, Spiritual Psychology, and Social Psychology.

# Guidelines for Author

UMM Psychological Journals are journals in the field of psychology published by the University of Muhammadiyah Malang, which include:: (1) PROCEDIA : Studi Kasus dan Intrvensi Psikologi, (2) Jurnal Ilmiah Psikologi Terapan, (3) Altruis: Journal of Community Services, (4) Cognicia, and Psychological Journal: Science and Practice.

UMM Psychological Journals publishes both types of articles, articles of original research and/or article of professional practices. We are seeking submissions for forthcoming issues. The manuscripts submitted to UMM Psychological Journals should neither be published previously nor be under consideration for publication in another journal.

UMM Psychological Journals follows a blind peer-review process, whereby authors do not know reviewers and vice versa. We are willing to select and publish the article with the highest quality research globally. To achieve this goal, the entire peer-review process will be done objectively and fairly.

## Technical guidelines for submission

Manuscript structure includes: abstract and keyword, introduction, methods, results, discussion, conclusions, and references. The paper should be written in professional English or Bahasa Indonesia. All manuscripts should be prepared in Microsoft Word format employs italics, rather than underlining (except with URL addresses); and all illustrations, figures, and tables are placed within the text at the appropriate points or the end of the text.

The manuscript is written using Arial or Times New Roman font, 12 point, one or double spaced; do not use the automated features of your application (end-notes, headers, footers, especially for references); type a double space at the end of each paragraph; avoid using bold characters to emphasize words or sentences within the text; and number consecutively all pages, including references.

The Manuscript should be more than 3000 words and no longer than 8,000 words for full-length articles (including appendices and references). Each manuscript must have an abstract (not exceeding 200 words) and 5 keywords. Manuscripts that do not adhere to this will not be considered for review. The citation and reference use APA style. The authors are encouraged to include hypermedia links within their articles and ensure these are ready to use.

## Tables and figure

Size a table or a figure to fit in a single column or across two columns. Avoid large tables (i.e. those that fit more than a single page), unless necessary. Every table and figure should be cited in the text in numerical order (i.e. Table 2 cannot be cited before Table 1). Place table footnotes below the table, indicating them with superscript lowercase letters or asterisks (for significance values and other statistical data).

Every table should have a caption that is concise but clear enough to explain its main components independently from the text. If the table contains previously published material, cite the source at the end of the caption.

Images should be of sufficiently high resolution to be easily viewed when printed (minimum of 300 dpi). Every figure should be cited in the text in numerical order (i.e. Figure 2 cannot be cited before Figure 1). Figures should be referred to as "Figure" not "Fig" or "Gambar" not Gb." Denote figure parts with lowercase letters (e.g. Figure 1a, Figure 1b).

## References and citation

For efficiency and conciseness, an author needs to provide 10-25 references. Use a reference manager such as Mendeley to build your reference list. A reference must be cited for it to appear in the reference list. If you have cited and formatted your reference correctly, it will automatically appear in the reference list.

## Additional information

Authors submit the manuscript to the journal by online, and questions concerning this policy should be email directed to the editors.