

e-ISSN 2540-8291 (Online)
p-ISSN 2301-8267 (Print)



JURNAL ILMIAH PSIKOLOGI TERAPAN

VOLUME 10 NO 1, JANUARI 2022



FAKULTAS PSIKOLOGI
UNIVERSITAS MUHAMMADIYAH MALANG
ejournal.umm.ac.id/index.php/jipt

Jurnal Ilmiah Psikologi Terapan (JIPT) was founded in 2013 and formerly known as the JIPT. Recently JIPT has been accredited by National Journal Accreditation (ARJUNA) managed by the Ministry of Research, Technology, and Higher Education, Republic Indonesia with Third Grade (Peringkat 3, Sinta 3) since the year 2019 according to the decree No. 10/E/KPT/2019. It's published twice a year annually (January and August).

Aims and Scope. The aims to provide a forum exchange and an interface between researchers and practitioners in any psychology-related field. This journal a scientific papers on the results of the study/research and review of the literature in the sphere of psychology. Additionally, this journal also covers the issues in applied psychology. Editors welcome scholars, researchers, and practitioners of psychology around the world to submit scholarly articles to be published through this journal. All articles will be reviewed by experts before accepted for publication. Each author is solely responsible for the content of published articles. Scopes this journal are Clinical Psychology, Psychology of Education, Cognitive Psychology, Social Psychology, Developmental Psychology, Industrial and Organizational Psychology, Psychometrics, Disaster Psychology, Cyber Psychology & Behavior, Family Psychology and Psychology of Exceptional Learners. and Social Psychology.

EDITORIAL BOARD

Editors-in-Chief

Latipun, M.Kes., Ph.D.
University of Muhammadiyah Malang

Managing Editor

Nandy Agustin Syakarofath, M.A
University of Muhammadiyah Malang

Editorial Boards Member

Mohamad Avicenna, M.H.Sc.Psi
UIN Syarif Hidayatullah Jakarta

Ika Febrian Kristiana, M.Psi., Psikolog
University of Dipenogoro

Hanif Akhtar, M.A
University of Muhammadiyah Malang

Ahmad Sulaiman, M.Ed
University of Muhammadiyah Malang

Udi Rosida Hijrianti, M.Psi., Psikolog
University of Muhammadiyah Malang

Alifah Nabilah Masturah, M.A
University of Muhammadiyah Malang

Muhammad Fath Mashuri, M.A
University of Muhammadiyah Malang

Asti B Adwitiya, M.A
University of Muhammadiyah Jember

Reviewers

Andrian Liem, Ph.D, Psikolog
University of Macau

Diah Karmiyati, M.Si., Dr.
University of Muhammadiyah Malang

Tulus Winarsunu, M.Si., Dr.
University of Muhammadiyah Malang

M. Salis Yuniardi, M.Psi., Ph.D.,
Psikolog
University of Muhammadiyah Malang

Lusy Asa Akhrani, M.Si., Dr.
University of Brawijaya

H. Fuad Nashori, M.Si., M.Ag., Dr.
University of Islam Indonesia

Tina Afiatin, Prof., Dr., M.Si.,
Psikolog
University of Gadjah Mada

Indra Yohanes Kiling, Ph.D.
University of Nusa Cendana

Ni Made Swasti Wulanyani, M.Erg.,
Dr.
University of Udayana University

Tri Rejeki Andayani, M.Si., Dr.
University of Sebelas Maret

Sonny Andrianto, Ph.D.
University of Islam Indonesia

Nurul Aiyuda, M.A.
Universitas Abdurrah (Univrab)

Sherly Saragih Turnip, M.Phil., Ph.D.,
Psikolog
University of Indonesia

IGAA Noviekayati, M.Si., Dr.
*University of 17 Agustus 1945,
Surabaya*

Iredho Fani Reza, M.A., M.Si.
UIN Gunung Jati Bandung

Anita Novianty, M.A.
University of Kristen Krida Wacana

R. Sumedi P. Nugraha, MA., M.Sc.,
M.Ed., Ph.D.
University of Islam Indonesia

Guidelines for Author

UMM Psychological Journals are journals in the field of psychology published by the University of Muhammadiyah Malang, which include: (1) *PROCEDIA : Studi Kasus dan Intervensi Psikologi*, (2) *Jurnal Ilmiah Psikologi Terapan*, (3) *Altruis: Journal of Community Services*, (4) *Cognicia*, and *Psychological Journal: Science and Practice*.

UMM Psychological Journals publishes both types of articles, articles of original research and/or article of professional practices. We are seeking submissions for forthcoming issues. The manuscripts submitted to UMM Psychological Journals should neither be published previously nor be under consideration for publication in another journal.

UMM Psychological Journals follows a blind peer-review process, whereby authors do not know reviewers and vice versa. We are willing to select and publish the article with the highest quality research globally. To achieve this goal, the entire peer-review process will be done objectively and fairly.

Technical guidelines for submission

Manuscript structure includes: abstract and keyword, introduction, methods, results, discussion, conclusions, and references. The paper should be written in professional English or Bahasa Indonesia. All manuscripts should be prepared in Microsoft Word format employs italics, rather than underlining (except with URL addresses); and all illustrations, figures, and tables are placed within the text at the appropriate points or the end of the text.

The manuscript is written using Arial or Times New Roman font, 12 point, one or double spaced; do not use the automated features of your application (end-notes, headers, footers, especially for references); type a double space at the end of each paragraph; avoid using bold characters to emphasize words or sentences within the text; and number consecutively all pages, including references.

The Manuscript should be more than 3000 words and no longer than 8,000 words for full-length articles (including appendices and references). Each manuscript must have an abstract (not exceeding 200 words) and 5 keywords. Manuscripts that do not adhere to this will not be considered for review. The citation and reference use APA style. The authors are encouraged to include hypermedia links within their articles and ensure these are ready to use.

Tables and figure

Size a table or a figure to fit in a single column or across two columns. Avoid large tables (i.e. those that fit more than a single page), unless necessary. Every table and figure should be cited in the text in numerical order (i.e. Table 2 cannot be cited before Table 1). Place table footnotes below the table, indicating them with superscript lowercase letters or asterisks (for significance values and other statistical data).

Every table should have a caption that is concise but clear enough to explain its main components independently from the text. If the table contains previously published material, cite the source at the end of the caption.

Images should be of sufficiently high resolution to be easily viewed when printed (minimum of 300 dpi). Every figure should be cited in the text in numerical order (i.e. Figure 2 cannot be cited before Figure 1). Figures should be referred to as "Figure" not "Fig" or "Gambar" not "Gb." Denote figure parts with lowercase letters (e.g. Figure 1a, Figure 1b).

References and citation

For efficiency and conciseness, an author needs to provide 10-25 references. Use a reference manager such as Mendeley to build your reference list. A reference must be cited for it to appear in the reference list. If you have cited and formatted your reference correctly, it will automatically appear in the reference list.

Additional information

Authors submit the manuscript to the journal by online, and questions concerning this policy should be email directed to the editors.

Volume 10 Nomor 1, Januari 2022

Daftar Isi

- 1-8 Persepsi citra merek dan komunikasi interpersonal sebagai prediktor kepuasan konsumen: Studi pada mahasiswa pengguna e-Wallet OVO
Endang Prastuti dan Winda Sari
- 9-16 EEG power spectral analysis and saccadic eye movement for true and false information
Elvina Chandrawijaya, Ananta Yudianto, dan Yusti Probawati Rahayu
- 17-29 Peran *leader member exchange (LMX)*, kepribadian openness to experiences, dan harmonious passion dalam membentuk perilaku kerja yang inovatif
Brianita Riga Pratiwi dan Endang Parahyanti
- 30-35 Studi meta analisis: *Small effect size* pada korelasi antara dukungan sosial dan penyesuaian diri
Dedi Nasruddin dan Ananta Yudianto
- 36-45 Efektivitas pelatihan *mindfulness* untuk mengatasi insomnia pada mahasiswa
Awidha Dwi Wijayaningsih, Muhimmatul Hasanah, dan Ima Fitri Sholichah
- 46-56 Adaptasi budaya attention training technique untuk anak usia 5 – 6 tahun
Anggi Rengganis, Lenny Kendhawati, dan Marisa Fransiska
- 57-62 Studi meta analisis: Efektivitas terapi menulis dalam menurunkan kecemasan orang dewasa dengan pengalaman traumatis
Putu Nitya Sarahdevina dan Ananta Yudianto
- 63-67 Nurses' experience with burnout and the role of perceived social support
Rizal Febri Yanto, Djudiyah Djudiyah, Nandy Agustin Syakarofath
- 68-78 Perasaan kompeten sebagai orang tua: pengalaman ibu dari remaja pelaku kekerasan seksual
Mafaza Mafaza, Nila Anggreiny, Septi Mayang Sarry, dan Agung Rachmadi
- 79-88 Adaptasi alat ukur kesuksesan karier subjektif
Tri Muji Ingarianti, Fendy Suhariadi, dan Fajrianthi Fajrianthi