

e-ISSN 2540-8291 (Online)
p-ISSN 2301-8267 (Print)



JURNAL ILMIAH PSIKOLOGI TERAPAN

VOLUME 11 No 2, AUGUST 2023



FAKULTAS PSIKOLOGI
UNIVERSITAS MUHAMMADIYAH MALANG
ejournal.umm.ac.id/index.php/jipt

Jurnal Ilmiah Psikologi Terapan (JIPT) was founded in 2013 and formerly known as the JIPT. Recently JIPT has been accredited by National Journal Accreditation (ARJUNA) managed by the Ministry of Research, Technology, and Higher Education, Republic Indonesia with Third Grade (Peringkat 3, Sinta 3) since the year 2022 according to the decree No. 204/E/KPT/2022. It's published twice a year annually (January and August).

Aims and Scope. The aims to provide a forum exchange and an interface between researchers and practitioners in any psychology-related field. This journal a scientific papers on the results of the study/research and review of the literature in the sphere of psychology. Additionally, this journal also covers the issues in applied psychology. Editors welcome scholars, researchers, and practitioners of psychology around the world to submit scholarly articles to be published through this journal. All articles will be reviewed by experts before accepted for publication. Each author is solely responsible for the content of published articles. Scopes this journal are applied psychology worldwide. It covers issues at varying levels of analysis (personal, group, and societal research) and methods (psycho-diagnostic and psychological interventions). Furthermore, it provides the opportunity for the publication of articles based on inter/multidisciplinary and trans-disciplinary research, and even prioritizes or reserves special space for these.

EDITORIAL BOARD

Editors-in-Chief

Prof. Latipun, Ph.D.
University of Muhammadiyah Malang

Managing Editor

Nandy Agustin Syakarofath, M.A
University of Muhammadiyah Malang

Irine Putri Shaliha, S.Psi., MSc.
University of Muhammadiyah Malang

Editorial Boards Member

Hanif Akhtar, M.A
*ELTE - Eötvös Loránd
Tudományegyetem, Hungary.*

Sherwin M. Pariñas, Ph.D.
Bulacan State University, Philippines.

Bambang Trihadmojo, M.A
Northwestern University

Mohamad Avicenna, M.H.Sc.Psi
UIN Syarif Hidayatullah Jakarta

Ika Febrian Kristiana, M.Psi., Psikolog
University of Diponegoro

Ahmad Sulaiman, M.Ed
University of Muhammadiyah Malang

Udi Rosida Hijrianti, M.Psi., Psikolog
University of Muhammadiyah Malang

Alifah Nabilah Masturah, M.A
University of Muhammadiyah Malang

Sofa Amalia, M.Si
University of Muhammadiyah Malang

Muhammad Fath Mashuri, M.A
University of Muhammadiyah Malang

Latifatul Laili, S.Psi., M.Psi., Psi
*Universitas Islam Indonesia,
Indonesia*

Asti B Adwitiya, M.A
University of Muhammadiyah Jember

Reviewers

Prof. Dr. Muhammad Tahir Khalily
*International Islamic University
Islamabad*

Suen, Mein-Woei, Ph.D
*Asia
University, Taiwan*

Agnes del Rosario Crisostomo, Ph.D
Bulacan State University, Philippines

Dr. Ooi Boon Keat
*Management &
Science University (MSU), Malaysia*

Andrian Liem, Ph.D, Psikolog
University of Macau

Diah Karmiyati, M.Si., Dr.
University of Muhammadiyah Malang

Tulus Winarsunu, M.Si., Dr.
University of Muhammadiyah Malang

M. Salis Yuniardi, M.Psi., Ph.D.,
Psikolog
University of Muhammadiyah Malang

Tina Afiatin, Prof., Dr., M.Si.,
Psikolog
University of Gadjah Mada

Sherly Saragih Turnip, M.Phil., Ph.D.,
Psikolog
University of Indonesia

Dr. Unika Prihantsanti, S.Psi., M.A
Universitas Diponegoro

Lusy Asa Akhrani, M.Si., Dr.
University of Brawijaya

Indra Yohanes Kiling, Ph.D.
University of Nusa Cendana

Ni Made Swasti Wulanyani, M.Erg.,
Dr.
University of Udayana University

Tri Rejeki Andayani, M.Si., Dr.
University of Sebelas Maret

Sonny Andrianto, Ph.D.
University of Islam Indonesia

R. Sumedi P. Nugraha, MA., M.Sc.,
M.Ed., Ph.D.
University of Islam Indonesia

H. Fuad Nashori, M.Si., M.Ag., Dr.
University of Islam Indonesia

IGAA Noviekayati, M.Si., Dr.
*University of 17 Agustus 1945,
Surabaya*

Iredho Fani Reza, M.A., M.Si.
UIN Gunung Jati Bandung

Susanti Prasetyaningrum, S.Psi., M.Psi
University of Muhammadiyah Malang

Zulmi Ramdani, M.A
*UIN Gunung
Jati Bandung*

Anita Novianty, M.A.
University of Kristen Krida Wacana

Nurul Aiyuda, M.A.
Universitas Abdurrah (Univrab)

Assistant Editors

Bintang Sasmita Wicaksana, S.Psi.
University of Muhammadiyah Malang

Abdul Khair
University of Muhammadiyah Malang

Ilma Aaliyah Rahmadyan
University of Muhammadiyah Malang

Nurfatihah Dahlan, S.Psi.
University of Muhammadiyah Malang

Almi Sayyidatul Qo'idah
University of Muhammadiyah Malang

JURNAL ILMIAH PSIKOLOGI TERAPAN (JIPT)

Fakulty of Psychology, University of Muhammadiyah Malang, Indonesia

Website/submission: <https://ejournal.umm.ac.id/index.php/jipt>

Email: jipt@umm.ac.id

Guidelines for Author

UMM Psychological Journals are journals in the field of psychology published by the University of Muhammadiyah Malang, which include: (1) *PROCEDIA : Studi Kasus dan Intervensi Psikologi*, (2) *Jurnal Ilmiah Psikologi Terapan*, (3) *Altruis: Journal of Community Services*, (4) *Cognicia*, and (5) *Psychological Journal: Science and Practice*.

UMM Psychological Journals publishes both types of articles, articles of original research and/or article of professional practices. We are seeking submissions for forthcoming issues. The manuscripts submitted to UMM Psychological Journals should neither be published previously nor be under consideration for publication in another journal.

UMM Psychological Journals follows a blind peer-review process, whereby authors do not know reviewers and vice versa. We are willing to select and publish the article with the highest quality research globally. To achieve this goal, the entire peer-review process will be done objectively and fairly.

Technical guidelines for submission

Manuscript structure includes: abstract and keyword, introduction, methods, results, discussion, conclusions, and references. The paper should be written in professional English or Bahasa Indonesia. All manuscripts should be prepared in Microsoft Word format employs italics, rather than underlining (except with URL addresses); and all illustrations, figures, and tables are placed within the text at the appropriate points or the end of the text.

The manuscript is written using Arial or Times New Roman font, 12 point, one or double spaced; do not use the automated features of your application (end-notes, headers, footers, especially for references); type a double space at the end of each paragraph; avoid using bold characters to emphasize words or sentences within the text; and number consecutively all pages, including references.

The Manuscript should be more than 3000 words and no longer than 8,000 words for full-length articles (including appendices and references). Each manuscript must have an abstract (not exceeding 200 words) and 5 keywords. Manuscripts that do not adhere to this will not be considered for review. The citation and reference use APA style. The authors are encouraged to include hypermedia links within their articles and ensure these are ready to use.

Tables and figure

Size a table or a figure to fit in a single column or across two columns. Avoid large tables (i.e. those that fit more than a single page), unless necessary. Every table and figure should be cited in the text in numerical order (i.e. Table 2 cannot be cited before Table 1). Place table footnotes below the table, indicating them with superscript lowercase letters or asterisks (for significance values and other statistical data).

Every table should have a caption that is concise but clear enough to explain its main components independently from the text. If the table contains previously published material, cite the source at the end of the caption.

Images should be of sufficiently high resolution to be easily viewed when printed (minimum of 300 dpi). Every figure should be cited in the text in numerical order (i.e. Figure 2 cannot be cited before Figure 1). Figures should be referred to as "Figure" not "Fig" or "Gambar" not "Gb." Denote figure parts with lowercase letters (e.g. Figure 1a, Figure 1b).

References and citation

For efficiency and conciseness, an author needs to provide 10-25 references. Use a reference manager such as Mendeley to build your reference list. A reference must be cited for it to appear in the reference list. If you have cited and formatted your reference correctly, it will automatically appear in the reference list.

Additional information

Authors submit the manuscript to the journal by online, and questions concerning this policy should be email directed to the editors.

Volume 11 Number 2, August 2023

Table of Content

- 73-77 Experience of stress and job satisfaction among government and private elementary school teachers
Nur Kamalia Mohd Kamil and Salami Mutiu Olagoke
- 78-84 Factor associated with anxiety disorder during covid-19 pandemic among college students
Dyan Kunthi Nugrahaeni, Novie Elvinawaty Mauliku, Adityana Eka Saputra, and Bashir Mabrok Lakhal
- 85-90 The influence of social support on academic performance: The mediating role of cognitive engagement
Heni Nur Achdiyah, Latipun Latipun, and Muhamad Salis Yuniardi
- 91-104 Application of logotherapy to improve the meaning of life in emerging adults with self-injury
Reisha Hermana Maurits, Muhammad Ilmi Hatta, and Suhana Suhana
- 105-111 The role of moral disengagement and authoritarian parenting style towards cyberbullying attitude among social media users
Nabilla Putri Rahmawati and Stefani Virlia
- 112-118 The role of duration of dating on anxiety and commitment in early adulthood
Rifqi Minchatul 'Ulya, Muhammad Fikri Pratama, and Achmad Chusairi
- 119-125 Trust in management, change resistance and work engagement on startup employees in Indonesia
Dhimas Fachri Aziza and Fiona Niska Dinda Nadia
- 126-131 Adaptation and psychometric properties of the Indonesian version of the fear of happiness scale
Asalia Najib and Asteria Devy Kumalasari
- 132-136 The role of self-esteem on nomophobia with extraversion personality as a moderating variable
Defi Astriani, Alaiya Choiril Mufidah, and Dessy Farantika
- 137-144 Forming and strengthening factors of personal growth initiatives in life
Putri Saraswati, Sofa Amalia, and Artiarini Puspita Arwan